

# D.C. Metro Wellness Symposium

Presented by:

Action for Healthy Kids  
Office of the State Superintendent of Education  
(OSSE)



“There is no limit to what we can achieve when we combine with the right people. Together we can really make a difference in the health of our nation’s children.”

– Dr. David Satcher, MD, PhD,  
Former U.S. Surgeon General,  
Action for Healthy Kids Founding Chair



# Who Are We?



Action for Healthy Kids® (AFHK) fights childhood obesity, undernourishment and physical inactivity by helping schools become healthier places so kids can live healthier lives.



# Who Are We?



Our goal is to create school communities where children learn how to make healthy choices from the minute they walk in the front door to the minute they leave at the end of the school day.



Action for Healthy Kids®

# We All Have a Role to Play

Action for Healthy Kids is a national non-profit that works with state teams throughout the country to fight childhood obesity, undernourishment and physical inactivity by helping schools become healthier places so kids can live healthier lives.

## LEARN

More about the issue, the solutions and how to empower others

## ACT

For healthy kids in your schools and communities

## TRANSFORM

Your school culture to make sustainable, lasting changes for children's health

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**Action for Healthy Kids®**

# Every Kid Healthy



## School Action Plans

Schools Develop Effective  
Plans to Implement District  
Wellness Policies



## Programs & Practices

Schools Implement  
Strong Health Programs  
& Practices



## School-Family- Community Partnerships

Schools Build School-Family-  
Community Partnerships That  
Drive Transformative Change  
in Wellness Policies, Systems  
& Environments



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Action for Healthy Kids®



School Programs ♦ Tools and Resources ♦ Expert Partners  
Volunteer Opportunities ♦ School Grants

**ActionforHealthyKids.org**

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